

Healthy Choices

Caribbean Chicken Salad

Caribbean Chicken, Pineapple Salsa, Mushrooms, Cheese, Onion and Tomato

Grilled Chicken Salad

Grilled Chicken, Fresh Greens, Tomato, Onions, Cheese and Mushroom

Cajun Chicken Salad

Cajun Grilled Chicken, Fresh Greens Tomato, Onions, Cheese and Mushroom

Kelly Favorite Chicken

Breast of Chicken lightly dusted with Lemon Pepper and a hint of Fresh Zest

Caribbean Chicken

Breast of Chicken marinated in our Caribbean sauce and topped with our Fresh Made Pineapple Salsa

Cod – Grilled Cod Filet in a light Teriyaki Sauce and Fresh Lemons

Veggie Burger

Made from Scratch

Cold Veggie Sandwich

Pepper Jack Cheese, Cream Cheese, Tomato, Onion, and Sprouts

Hot Veggie Sandwich

Provolone Cheese, American cheese, Zucchini, Spouts, Tomato, Onion and Dijon Mustard

Chicken Sandwich

*Grilled Chicken Breast, Lettuce, Tomato, Onion, Mayo
Or Try the Breast of Chicken dusted in Cajun Seasoning*

Turkey Sandwich

Roasted Turkey, light mayo, lettuce, Tomato on a choice of Bread

Choice of one: Garden Salad, Soup, Steamed or Grilled Vegetables, French Fries, Cottage Cheese, Pasta Salad, Red Potato Salad